



## Rest easy

WHAT BABY NEEDS FOR A GOOD NIGHT'S SLEEP.

- 1 Babes with reflux may benefit from sleeping at an incline. **Daydreamer inclined sleep positioner**, \$130, [babiesrus.com](http://babiesrus.com) 2 **giggle Better Basics crib mattress pad**, \$40, [giggle.com](http://giggle.com) 3 You'll need at least three crib sheets: one in the crib, one in the laundry and one on standby. **Skip Hop crib sheet**, \$24, [skiphop.com](http://skiphop.com) 4 **Difrax pacifiers**, \$6 for 2, [difraxusa.com](http://difraxusa.com) 5 A sweet read for before bedtime. **Dial Books for Young Readers storybook**, \$17, [petitcollage.com](http://petitcollage.com) 6 Cast softly glowing stars on the ceiling, and create just enough light to avoid stubbed toes in the middle of the night. **J Schatz night-light**, \$165, [jschatz.com](http://jschatz.com) 7 Solo piano lullabies to help baby drift off to dreamland. **Boogieman Studios soundtrack**, \$10, [kenelkinson.com](http://kenelkinson.com) 8 **Aveeno lotion**, \$6, [aveeno.com](http://aveeno.com) 9 This petite sound machine packs up easily for use on the go. **Cloud B portable sound machine**, \$20, [cloudb.com](http://cloudb.com)