



The Rebecca Review

Ken Elkinson

Ambient Holidays Volume 1 – Christmas Ambient

I'm always looking for ways to relax during the holiday season. If you feel stressed out at this time of year "Christmas Ambient" will bring you peace. This album is great for listening while sitting by a fire or in a darkened room with just candles glowing. The music is relaxing, melodic and calmly mesmerizing. For me, this album transports me to a very safe and comforting place. I loved how Ken Elkinson plays new interpretations of classic holiday songs. I also feel this beautiful instrumental music helps you access a spiritual dimension that is sacred. "O Holy Night" is especially meaningful. I listened to this album in a room filled with the scent of balsam fir needle. It was like having a Christmas tree early. You simply put some essential oil in an oil burner with some water. It makes the entire room fragrant and helps you recreate the feeling of Christmas. When you finish listening to this album you won't want it to end. It is so peaceful and relaxing.